


**July 2025| MENU**  
**Pre-K**  
**Wake County Public School**  
**System**  
**Breakfast & Lunch**



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	01	02	03	04 
07 <u>Breakfast</u> Yogurt Cup with WG Graham Crackers ✓ 100% Apple Juice <u>Lunch</u> Popcorn Chicken Dinner Roll Mixed Vegetables ✓ Savory Green Beans ✓ Mandarin Oranges	08 <u>Breakfast</u> WG Breakfast Pizza Strawberry Applesauce Cup <u>Lunch</u> Chicken Chalupas on WG Flatbread Black Beans ✓ Salsa ✓ Pineapple Tidbits	09 <u>Breakfast</u> WG French Toast Sticks ✓ Pineapple Tidbits <u>Lunch</u> Cheeseburger on WG Bun ✓ Crinkle Cut Fries ✓ Buttered Broccoli ✓ 100% Fruit Blend Juice	10 <u>Breakfast</u> Southern Chicken Biscuit Mandarin Oranges <u>Lunch</u> Yogurt Box with WG Crackers ✓ BBQ Baked Beans ✓ 100% Fruit Slushies	11 <u>Breakfast</u> WG Cereal ✓ Applesauce Cup <u>Lunch</u> Pizza Day! ✓ available Fresh Tossed Salad ✓ Fresh Fruit
14 <u>Breakfast</u> Yogurt Cup with WG Graham Crackers ✓ 100% Apple Juice <u>Lunch</u> Orange Chicken & Brown Rice Bowl Ginger Broccoli ✓ Seasoned Carrots ✓ Mandarin Oranges	15 <u>Breakfast</u> WG Breakfast Pizza Applesauce Cup <u>Lunch</u> Beef Nachos with WG Chips Spicy Pinto Beans ✓ Pineapple Tidbits	16 <u>Breakfast</u> WG French Toast Sticks ✓ Mandarin Oranges <u>Lunch</u> Spaghetti with Meat Sauce WG Dinner Roll Buttered Broccoli ✓ Garlic Spinach ✓ Fresh Fruit	17 <u>Breakfast</u> Southern Chicken Biscuit Pineapple Tidbits <u>Lunch</u> Pulled Pork Sandwich on WG Bun Coleslaw ✓ BBQ Baked Beans ✓ 100% Fruit Slushies	18 <u>Breakfast</u> WG Cereal ✓ Applesauce Cup <u>Lunch</u> Pizza Day! ✓ available Fresh Tossed Salad ✓ Fresh Fruit
21 <u>Breakfast</u> Yogurt Cup with WG Graham Crackers ✓ 100% Apple Juice <u>Lunch</u> Popcorn Chicken Dinner Roll Mixed Vegetables ✓ Savory Green Beans ✓ Pineapple Tidbits	22 <u>Breakfast</u> WG Breakfast Pizza Mandarin Oranges <u>Lunch</u> Beef & Rice Bowl Tortilla Chips Black Beans ✓ Salsa ✓ Fresh Fruit	23 <u>Breakfast</u> WG French Toast Sticks ✓ Strawberry Applesauce Cup <u>Lunch</u> Cheeseburger on WG Bun ✓ Crinkle Cut Fries ✓ 100% Fruit Blend Juice	24 <u>Breakfast</u> Southern Chicken Biscuit Mandarin Oranges <u>Lunch</u> Yogurt Box with WG Crackers ✓ BBQ Baked Beans ✓ 100% Fruit Slushies	25 <u>Breakfast</u> WG Cereal ✓ Applesauce Cup <u>Lunch</u> Pizza Day! ✓ available Fresh Tossed Salad ✓ Fresh Fruit
28 <u>Breakfast</u> Yogurt Cup with WG Graham Crackers ✓ 100% Apple Juice <u>Lunch</u> Popcorn Chicken WG Dinner Roll Mixed Vegetables ✓ Savory Green Beans ✓ Mandarin Oranges	29 <u>Breakfast</u> WG Breakfast Pizza Strawberry Applesauce Cup <u>Lunch</u> Chicken Chalupas on WG Flatbread Black Beans ✓ Salsa ✓ Pineapple Tidbits	30 <u>Breakfast</u> WG French Toast Sticks ✓ Pineapple Tidbits <u>Lunch</u> Cheeseburger on WG Bun ✓ Crinkle Cut Fries ✓ Cucumber Sticks & Dip ✓ 100% Fruit Blend Juice	31 <u>Breakfast</u> Southern Chicken Biscuit Mandarin Oranges <u>Lunch</u> Yogurt Box with WG Crackers ✓ BBQ Baked Beans ✓ 100% Fruit Slushies	

**2025 Pre-K Meal Prices:**

**Full Price Breakfast:** \$2.00  
**Reduced Price Breakfast:** Free, while funding is available  
**Full Price Lunch:** \$3.75  
**Reduced Price Lunch:** \$ .40  
 Adults: A la Carte Pricing

**CEP School meals are free for all**

**Breakfast includes:** Entrée, fruit & unflavored milk.

**Lunch includes:** Entrée with grain/bread, ½ cup vegetable, ½ cup fruit & unflavored milk

✓ Symbolizes the daily vegetarian options

Peanut butter & Jelly Sandwiches available upon request

**Menu selection is subject to change at any time.**

*This institution is an equal opportunity provider.  
 Esta institución ofrece igualdad de oportunidades.*